

Speaker and Course Information for Doctors

Date: Friday, March 10, 2023, from 8:00am-12:00pm

Course Title: HIPAA Awareness Training and Office Assessment

CE Hours Provided: 4 Mandated (Category 2) hours

Speaker: Mario Fucinari, DC, CPCO, CPPM, CIC



Dr. Mario Fucinari led a highly successful practice in Decatur, Illinois for 35 years. He graduated from Palmer College of Chiropractic Davenport in 1986. Dr. Fucinari is a member of the Carrier Advisory Committee for Medicare, a Certified Professional Compliance Officer (CPCO), Certified Physician Practice Manager, and a Certified Insurance Consultant.

Dr. Fucinari is an author of several books on matters such as compliance, HIPAA, ICD-10 coding, and E/M Guidelines. He has been presenting continuing education classes for over 27 years and is a nationwide speaker for several organizations.

Course Summary:

The Health Insurance Portability and Accountability Act (HIPAA) was first passed in 1996. The HIPAA requirements were recently updated expanding the requirements to keep patient records confidential. The Federal government mandates annual training on HIPAA rules and regulations. Dr. Mario Fucinari will update the attendees as he guides you through a nuts-and-bolts risk assessment of your office, explaining the required actions and guidelines to keep your office compliant from the front desk to the treatment room.

Course Objectives:

- Define what HIPAA is and how it relates to our daily life
- Identify critical principles the public expects from their healthcare provider
- Understand what your patient has come to expect in HIPAA Privacy
- Learn HIPAA guidelines for patient treatment, payment, and healthcare operations
- Recognize elements of the risk assessment that must be documented
- Develop and write policies and procedures for the operation of the Chiropractic office
- Define and detect discrimination in the office
- Evaluate each team member's role in HIPAA Compliance

Course Outline:

Hour 1

- Introduction to HIPAA
- Discuss HIPAA Risk Assessment Requirements
- HIPAA and Nebraska State Laws
- Discuss HIPAA Office Staff Training Requirements
- Examine Using and Disclosing Protected Health Information

Hour 2

- Evaluate the HIPAA Privacy Regulations
- The HIPAA Privacy Notice Requirements and Examples
- Protected Health Information Use and Disclosures
- HIPAA and Mental Health
- Disclosure of Serious and Foreseeable PHI
- Evaluate HIPAA Security Regulations
- Examine Ransomware, Malware, and Virus Threat Mitigation
- Password Protection

Hour 3

- Discuss Front Desk HIPAA Procedures
- Maintenance and Release of Patient Records
- The Cures Act: Patient Access to Health Care Records
- Financial Policies
- Examine The No Surprises Act Procedures
- HIPAA "In-Person" Rights

Hour 4

- Discuss HIPAA Section 1557 Discrimination Awareness Requirements
- HIPAA Physical Safeguards
- Evaluate The Business Associate Agreement
- Required HIPAA Forms
- Questions and Answers

Date: Friday, March 10, 2023, from 1:00pm-5:00pm

Course Title: Epidemiology and Chiropractic Adjusting Techniques

CE Hours Provided: 4 Mandated (Category 1) hours

Speaker: James Demetrious, DC, DABCO



Dr. James Demetrious is a nationally distinguished board-certified chiropractic orthopedist. He is a clinician, educator, author, and editor. Dr. Demetrious teaches post-graduate coursework on behalf of Northeast College of Health Science. He is a proud member of the NCMIC Speakers' Bureau.

Dr. Demetrious has published many peer-reviewed journal papers related to advanced differential diagnosis. He serves as an editorial reviewer on behalf of the journals: *Spine*, *Annals of Internal Medicine*, and *Clinical Anatomy*. Dr. Demetrious has continually cared for patients since 1986.

Course Summary:

Dr. James Demetrious provides a comprehensive evidence-based review of literature related to the epidemiology, assessment, therapeutic causes, and effects related to chiropractic adjusting techniques.

Course Outline:

Hour 1

- Research review of the safety and efficacy of chiropractic adjusting techniques

Hour 2

- Chiropractic neuromusculoskeletal assessment and imaging

Hour 3

- Review of the effect of chiropractic adjustments

Hour 4

- Chiropractic approaches including: high velocity/low amplitude and low velocity/low amplitude adjustments

Course Objectives:

- Attendees will understand current evidence related to the efficacy of chiropractic adjustive techniques
- Attendees will better understand the contribution of zygapophyseal joint injury, IVD, and degenerative sequelae
- Attendees will be able to better describe the causes and therapeutic benefits of chiropractic adjustive techniques for intra-articular, extra-articular, and neurogenic abnormalities

Date: Saturday, March 11, 2023, from 8:00am-12:00pm

Course Title: Pediatric Neurodevelopment and Trauma

CE Hours Provided: 4 General hours

Speaker: Amy Spoelstra, DC



Dr. Amy and her husband David live in Coeur d'Alene with their beautiful daughter, Meela, and chocolate lab, Izzy. They opened Spoelstra Family Chiropractic in April of 2008 after moving from South Carolina, where Dr. Amy graduated cum laude from Sherman College of Chiropractic.

Dr. Amy is the founder of the FOCUS program and opened the doors to the program in 2011 in the Coeur d' Alene office. She now teaches chiropractors, educators, and other medical professionals around the country and internationally about Neuro-Deflective Disorders™ and the FOCUS approach to comprehensive patient care for children and adults with behavioral, learning, socialization and developmental challenges. She is the founder of the Brain Blossom Program™ and FOCUS Academy™ for continued education for certified FOCUS practitioners.

Dr. Amy and her family love to travel and experience new cultures! Her favorite things are exploring new places with her family, learning about different cultures and people, yoga, a good cup of coffee and to study....seriously....she loves to study!

Dr. Amy has extensive post-doctoral training in pediatric chiropractic and has contributed to the Practice-Based Research Network with the International Chiropractic Pediatric Association. She has developed a research branch of the FOCUS Academy and has published research on the topics of chiropractic and its impact on development.

Course Summary:

This presentation will allow participants to learn to lead with the brain to make a case for chiropractic. It will cover topics such as acute and chronic stress, and their impact on the developing brain in early life and into adulthood.

Course Outline:

Hour 1

Understanding the current trends in our communities relative to chronic stress

- Stress neurology and its impact on typical development
- Stress and trauma and their impact on the learning and behavior of the pediatric patient and their families
- Adapting your systems, sensory demand, office environment, and communication to meet the needs of a population in chronic stress
- Physical, chemical and emotional, and infectious stress demands on the population

Hour 2

Typical developmental trajectory and the impact of stress on the developing brain

- Triangle of simplicity, stress, adaptation, subluxation, and development
- Typical developmental trajectory
- Common deflected developmental patterns in our population
- ADD/ADHD, ASD, Executive Function Challenges, Sensory Processing, Anxiety

Hour 3

Clinical Assessment

- Developing a brain-based exam based on developmental norms and deflected development
- Developing a subluxation exam
- Clinical reasoning and developing a care plan based on subluxation exam and brain-based exam findings

Hour 4

Modifications in practice to create a safe place for families impacted by deflected developmental challenges

- Specific sensory improvements during clinical exams and adjusting protocols
- Specific modifications to case history, consultation, and report of findings systems
- Creating prediction and lowered stress in your environment
- Developing your brain-based observational skill set to enhance clinical understanding
- Learning to be a team player with other providers who may be on the clinical team for this demographic of patients

Date: Saturday, March 11, 2023, from 3:00pm-5:00pm

Course Title: Nutrition and Low Carb Therapies

CE Hours Provided: 2 General hours

Speaker: Jaime Seeman, MD, FACOG

Course Summary:

Coming soon!

Course Objectives:

Coming soon!

Date: Sunday, March 12, 2023, from 8:00am-12:00pm

Course Title: A Chiropractic Approach to Addressing the Toe Touch

CE Hours Provided: 4 Mandated (Category 2) hours

Speaker: Stuart D. McIntosh, DC, MS



Dr. Stuart McIntosh is an associate professor for Cleveland University-Kansas City's (CUKC) Doctor of Chiropractic program. After spending time in private practice, Dr. McIntosh joined CUKC in 2014. He has managed patient care in the Chiropractic Health Center as a full-time clinical educator, and currently serves as an academic instructor for the chiropractic program teaching physiotherapy courses that focus on functional movement assessment, soft tissue diagnosis and management, and rehabilitation.

Course Summary:

Many chiropractic patients present with subacute or chronic low back pain that can be attributed, at least in part, to a sedentary lifestyle and poor posture. A Chiropractic Approach to Addressing the Toe Touch will cover the anatomy and kinematics, assessment, and rehabilitation techniques relevant to the forward flexion pattern, a pattern commonly dysfunctional in individuals presenting with low back pain.

Course Objectives:

Hour One

- Understanding the role of movement assessment in the evaluation of the active population (i.e., athletes)
- Discussion over a movement assessment versus a movement screen and how to utilize both in the chiropractic clinic
- Hands-on demonstration of a movement screen (can be performed standing at in place)

Hour Two

- Review of the anatomy and kinematics of the forward flexion / toe touch pattern and why this is relevant to the chiropractor
- A discussion over the role of mobility versus stability when assessing movement patterns
- An overview of motor control

Hour Three

- An overview of techniques for mobilization of the anterior and posterior chain and surrounding structures
- Exercises to improve motor control of the anterior chain musculature

Hour Four

- Exercises to improve the hip hinge pattern to improve the toe touch
- An overview of reassessing the toe touch pattern and relevance to the chiropractic patient
- Q & A

Resources:

- Cook G. Movement: Functional movement systems: Screening, assessment. Corrective Strategies (1st ed.). Aptos, CA: On Target Publications. 2010:73-106.
- Gray Cook LB, Hoogenboom BJ, Voight M. Functional movement screening: the use of fundamental movements as an assessment of function-part 1. *International journal of sports physical therapy*. 2014 May;9(3):396.
- Cook G, Burton L, Hoogenboom BJ, Voight M. Functional movement screening: the use of fundamental movements as an assessment of function-part 2. *International journal of sports physical therapy*. 2014 Aug 1;9(4).
- Liebenson C. Functional training handbook. Lippincott Williams & Wilkins; 2014.

- A. Kinesiology of the musculoskeletal system; Foundation for rehabilitation. Mosby & Elsevier. 2010.